## OFFICE ERGONOMICS PROGRAM

The Industrial Athlete, Inc.



A common statement made by ergonomic experts is that the ideal ergonomic position is *the next one*, as this implies the body is moving throughout the workday. However, in an office environment that's not always the case. That's why having an Office Ergonomics Program (OEP) is necessary in today's workplace.

The Industrial Athlete, now in business for over 30 years, is a leader in workplace injury prevention and injury management solutions. Our consulting division has provided services across the U.S. in a variety of manufacturing, industrial, and office workplaces.

Our OEP can be customized to meet your company's specific needs. Typical services and programs include:

- Ergonomic analysis and recommendations (individual or group)
- Presentations and/or articles (on office ergo risk factors and/or nonwork related factors such as off-the-job safety & lifestyle)
- Train-the-Trainer
- Ongoing telephonic or email support
  - We don't sell "products." Some of our competitors will provide ergo evaluations with a hidden agenda of selling you products related to their findings in the evaluation phase.
  - ▶ Don't wait another day...your next disability or work comp claim may be happening at this very moment.
  - ► For more information, or to request a quote, contact us at <a href="mailto:lnfo@TheIndustrialAthlete.com">lnfo@TheIndustrialAthlete.com</a> or 877-SMART-11, ext 4.

